### Ends Policy 3

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ASD-S DISTRICT EDUCATION COUNCIL

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## Ends Policy 3

Engage system's leaders in improving mental health and resiliency for both learners and staff through proactive strategies such as Positive Education and Social & Emotional Learning (SEL).

**Goal 3.1:** Improve mental health and resilience for both learners and staff through proactive strategies

### *Our School* Reports on Student Outcomes and School Climate, Spring 2021

Students who feel accepted and valued by their peers and by others at their school:

- 73% of students in this district had a high sense of belonging (Grades 4-5)
- 54% of students in this district had a high sense of belonging (Grades 6-12)

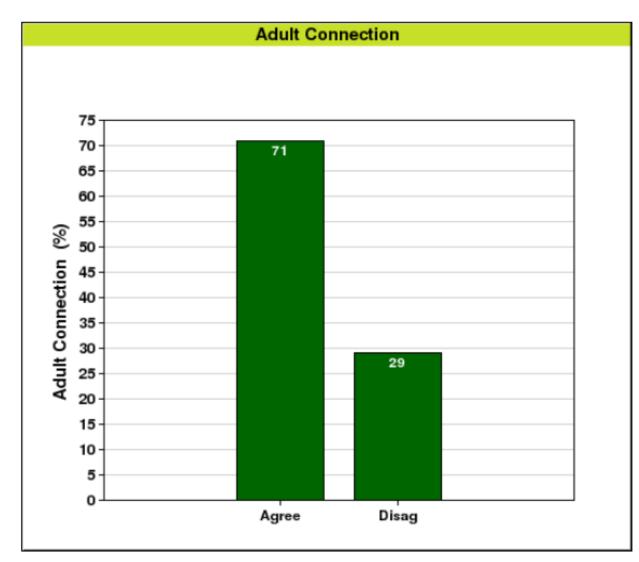
Students who have intense feelings of fear, intense anxiety, or worry about particular events or social situations: 35% of students in this district had moderate to high levels of anxiety (Grades 6-12)

Students who have prolonged periods when they feel sad, discouraged, and inadequate: 36% of students in this district had moderate to high levels of depression (Grades 6-12)

Students were asked: "I feel connected to at least one adult at my school."

- Agree (Agree)

- Disagree (Disag)



*Our School* Report on Student Outcomes and School Climate, Spring 2021

Grades 6-12

## Ends Policy 3: PBIS & Restorative Practices

Strategy 3.1.1: Support adoption of PBIS in identified schools.

**Strategy 3.1.2:** Support adoption of Restorative Practices in identified schools

**STATUS: In Progress & Ongoing** 

### **PBIS** Positive Behavior Interventions and Supports

Tertiary for Few Students Conover Resources

Instructor-Led Interventions

Secondary for Some Students Conover Online Skill Interventions

> Primary for All Students Conover Online Assessments

Restorative

**Practices** 

# Ends Policy 3: Positive Education and Social & Emotional Learning

**Strategy 3.1.3:** Provide direct support to coordinators and coaches to increase integration of Social Emotional learning into curricular outcomes

**Strategy 3.1.4:** Provide direct support to teachers to implement Positive Education and Social Emotional Learning into their classroom practices, specifically at the middle school level

### **STATUS: Ongoing**

#### Self-Management

Managing emotions and behaviors to achieve one's goals

### Self-Awareness

Recognizing one's emotions and values as well as one's strengths and challenges

Social Awareness Showing understanding and empathy for others

### Social & Emotional Learning

Responsible Decision-Making Making ethical, constructive choices about personal and social behavior

### **Relationship Skills**

Forming positive relationships, working in teams, dealing effectively with conflict

# Skills of Skills of Achievement Well-Being Positive Education

## Ends Policy 3: Positive Education and Social & Emotional Learning

Positive Education & SEL Coach

Professional Learning in Positive Education & SEL for beginning teachers,

Professional Learning in SEL for Personal Development and Career Planning teachers.

# Ends Policy 3: Positive Education and Social & Emotional Learning

Professional Learning in Positive Education & SEL for Curriculum Coordinators.

Professional Learning in Positive Education & SEL for school leaders (Principals, Vice Principals, Supplementary Positions of Responsibility).

Professional Learning for school and district leaders in promoting mental health during COVID from Kevin Cameron, Executive Director, North American Center for Threat Assessment and Trauma Response (NACTACR).

# Ends Policy 3: Positive Workplace Framework

**Strategy 3.1.5:** Continue to implement the Positive Mental Health Framework with school and district leaders using the Mental Fitness Resiliency Inventory.

**STATUS: In Progress & Ongoing** 

## Ends Policy 3: Positive Workplace Framework



# Participating Schools (27)

### SSEC:

Campobello Island, Milltown Elementary, St. Stephen High, St. Stephen Middle, St. George Elementary, Vincent Massey Elementary

### HEC:

Dr. A. T. Leatherbarrow Primary, Hampton Elementary, Hampton High, Harry Miller Middle, Kennebecasis Valley High, Lakefield Elementary, MacDonald Consolidated, Quispamsis Middle, Rothesay High, Rothesay Park

### SJEC:

Centennial, Hazen-White, Loch Lomond, Princess Elizabeth, Seaside Park Elementary, Saint Rose, Westfield, Champlain Heights, Lakewood Heights, Simonds High

### Ends Policy 3: Additional Initiatives

UNB Master of Education in Counselling Cohort
EECD Mental Health & Wellness Action Plan
Responsive Mental Health Training for staff
Mental Health Youth Forum & School-Based Initiatives